

October/November 2018



Message from Aurora

DID YOU SELECT YOUR MCO YET???? You should have already received your Community HealthChoices transition packet from the state including a form to select your MCO. Remember, if you do not select one of the three MCOs during this process, one of them will be assigned to you. It is critical that you review the chart sent in your packet that shows the comparison of each of the three plans and select the MCO plan that best fits your needs. If you need assistance in filling out the forms in the packet, please contact your JEVS at Home Care Coordinator. We are all here to help you during this transition.

I also wanted to let you know that, at the end of October, I will be moving on from JEVS at Home to a new opportunity. It has been a pleasure and a privilege to serve you all over the last six years and I will continue to hold you all close to my heart. The JEVS at Home Team is strong and will continue to provide you with the exceptional services that you have come to expect from us. I wish you all the best.



Becoming a member of the JEVS at Home care team had not been in my career plan. Like most people, I was neither prepared for, nor had I imagined that I'd be caring for a loved one at home. However, this choice has proven to be a sacred life experience for my entire family. Caring for my elderly mother at home has bonded us in ways that are truly special.

My beautiful mother endures a visual impairment, a condition known as macular degeneration. She also has neuropathy which causes her to need assistance with walking and she has recently been diagnosed with early stages of Alzheimer's disease. These issues label my mom as nursing home eligible and require her to be in need of full time care assistance.



Mom enjoys attending the Abramson Medical Adult Daycare Center and she is a participant in the JEVS at Home Music and Memory Program for Alzheimer's patients. I'm happy to say my mom leads a meaningful life filled with lots of love and good times. Most important to her, she is able to continue to remain at home in her marriage and snuggle in bed with her husband of 62 years each night.

Although I am most grateful to be her major caregiver, after some time I became susceptible to caregiver burnout. Recently, I participated in an extraordinary program made possible by the Road Scholar Organization. Road Scholar provides scholarships to caregivers to experience respite time in their travel programs. I was fortunate to have my essay chosen as one of their selected recipients of a \$1300 scholarship award to be applied to any program of theirs I desired.

In May of this year, I visited Monterey and Carmel in California for six days. I was blessed to share this treasured experience with others, some of whom also understood my caregiver situation. I came back refreshed and renewed, able and ready to assist with the caring for my mom. Most importantly, I am grateful for this unexpected career gift that God has given me, as caretaker, for my most special beautiful mom.

Contact Us Anytime

Phone: 267-298-1325 Toll-Free: 866-964-4617 After Hours: 215-528-9669 Email: info@jevsathome.org

Caregiver Corner - Ronnie Williams



At the end of the day, when Caregiver Ronnie Williams is finally home, he reflects on the path that led him around the world and eventually to Philadelphia, where he found a home and a passion in caring for others.

As with most great stories, Ronnie's path to caregiving didn't start in Philadelphia or with a desire to help others. He has worn many hats, including Data Clerk for the Houston Police Department, a stint in the Navy where he served a tour of duty in the Persian Gulf, customer service jobs and truck driver.

After a serious accident, Ronnie took some time to heal and was eventually asked to care for an ailing family member in Florida. He was caring for his Aunt and other

family members, when he realized caregiving was his destiny. Eager to learn more, Ronnie enrolled at a local career center and earned his Home Health Certification. He has never looked back.

Ronnie's outgoing personality and desire to help others makes him a sought after caregiver. As one of his client's stated, "Ronnie always does more. He notices the little things and always jumps in to help". His clients rave about his cooking and he enjoys spending his free time experimenting with recipes.

When not working, Ronnie follows Philadelphia Eagles football with a passion. He enjoys swimming, riding his bike, and spending time with friends at Chickie and Pete's.

"Caregiving is everything", he said with a laugh, "I'll be doing this work until I retire, which will be way past 65. My clients are my family".

Helpful Resources



For more information on the Road Scholar Program - https://www.roadscholar.org/about/financial-assistance/caregiver-grants/

For more information on the JEVS at Home Music and Memory Program for persons with Alzheimer's - Please contact Angel Rosa De Jesus at 267-298-1668

Town Hall Gatherings by Mr. Burwell



The Town Hall
Meeting is a living
fabric of Democratic
engagement. It
offers a host of
opportunities from
social engagement
to discussing
challenges affecting
the governance of

political and community organizations. The first Town Hall Meeting in the United States was held in 1633 in Dorchester, Massachusetts. Townspeople in attendance at the meetings made governing decisions that eventually became law for all in the town. These meetings and its format became popular throughout New England and are still in use today.

The attention drawn by this popularity resulted in the creation of the electoral debates that we have today. The first series of debates took place in 1858 when Abraham

Lincoln challenged Stephen Douglas for his senate seat. Candidates for political office began to realize that more was needed than just stomping the campaign trails and relying on newspaper editorials in order to successfully win an election. Town Hall Meetings have advanced to provide an active platform for expressing opinions and discussing subjects beyond political engagement.

JEVS at Home holds quarterly Town Hall Meetings and is thrilled to be able to provide such opportunities to its clients, caregivers, family members and community members to examine and discuss access to care, best practices as well as challenges and barriers.

Make your voice heard by joining us at our next Town Hall Meeting on December 13th, 5:30pm at the Free Library of Philadelphia located at 1901 Vine St., Philadelphia, 19103. We look forward to seeing you there!

M E C O M P A N I O

Nurse Kim Health & Wellness

National Alzheimer's Disease Awareness Month



Alzheimer's Disease is a progressive mental deterioration that can occur in middle or old age, due to generalized degeneration of the brain. It is the most common cause of premature senility. Here are some facts and figures about the disease:

- There are 5.7 million Americans living with Alzheimer's disease today
 - By 2050, this number is projected to be over 14 million
- It is the 6th leading cause of death in the United States
 - It kills more than Breast Cancer and Prostate Cancer combined
- Every 65 seconds, someone will develop this disease
- 1 in 3 seniors will die with Alzheimer's or some kind of Dementia
- 16.1 million Americans provide unpaid care for people with Alzheimer's or other dementias
- In 2017, these hours of care were valued at \$232 billion dollars

At this time, there is still no cure for Alzheimer's Disease although there are some therapies that have proven helpful with symptoms and the speed of progression. For more information about the disease and supports for family caregivers visit: https://www.alz.org. Education and other tools can prove invaluable when providing supports to a loved one with Alzheimer's.

This year, JEVS at Home will be participating in the Alzheimer's Walk on November 10th at Citizens Bank Park. If you are interested in walking with our team, please contact Nurse Kim at 267-298-1681.

CPR Training with Nurse Kim



Dementia Training November 6th 1:00pm-4:00pm

CPR/AED/First Aid November 13th 1:00pm-4:00pm

9350 Ashton Road Suite 102 Philadelphia, PA 19114

To RSVP, call (267)298-1681

IPODS NEEDED!!



JEVS at Home is accepting donations of gently used IPODS for our Music & Memory program. Please contact 267-298-1325 for information.

JOIN US for these upcoming community events:

PCA's Spanish Speaking Elders Conference

Saturday, 10/20/18 PCA 642 North Broad St Philadelphia, 19130

Representative Duane Milne's 50+ Event

Saturday, 10/20/18 10:00am – 1:00pm K.D. Markley Elementary School 354 Swedesford Road Malvern, PA 19355

Councilman Bobby Henon's Senior Boo-tacular

Wednesday, 10/24/18 11:00am – 3:00pm Cannstatters Caterers 9130 Academy Road Philadelphia, 19114

2018 Walk to End Alzheimer's

Saturday, 11/10/18

11:00am Citizens Bank Park 1 Citizens Bank Way Philadelphia, 19148

Representative Jared Solomon's Senior Fair

Wednesday, 11/17/18 8:00am – 12:30pm

8:00am – 12:30pm St. Thomas Orthodox Church 1009 Unruh Avenue Philadelphia, 19111



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Linkedin.com/company/jevs-at-home

For more information about our services, please call 267-298-1325 or **www.jevsathome.org**

JEVS at Home Complaint Hotline: 855-883-2424



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The JEVS at Home family would like to take this opportunity to wish all of you a very HAPPY THANKSGIVING! We are truly grateful for our clients, caregivers, colleagues and community partners!

So from our family to yours....HAPPY THANKSGIVING!

JEVS at Home Word Finder

CAREGIVER

FALLLEAVES

FAMILY

GIVETHANKS

LOVE

MCO

MUSIC

PUMPKIN

ROADSCHOLAR

TOWNHALL

JEVS at Home does not discriminate on account of a person's age, race, color, religion, creed, sexual orientation, marital status, national origin, ancestry, citizenship, military status, veteran status, HIV status, handicap, disability, gender, gender identity or expression, or membership in any other protected group.

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