



Message from Aurora

I hope that you all have enjoyed the warm summer months, the outdoor activities, and seasonal celebrations. It's hard to believe that summer is almost over. Soon, we will be wearing sweaters and watching the autumn leaves change color.

In the spirit of celebration, JEVS at Home will be celebrating our clients. Keeping our clients independent in their homes and communities is what we do, all day, every day. Now that's something to celebrate!

Over the next few months, we will be hosting several luncheons for our clients. Each luncheon will have a fun theme, great food, drinks, prizes, raffles, entertainment, and BINGO!!!

In addition, each client will be able to bring one guest to accompany them. These luncheons are by invitation only, so please be patient as we coordinate each event within your community and get the invitations out.

More importantly, don't forget to send back your RSVP! Until then, enjoy the rest of your summer and I look forward to celebrating you at the luncheons!

Sincerely,

CEO

Making Memories with Music

JEVS at Home is proud to announce that they have become a certified MUSIC & MEMORYSM organization.

The MUSIC & MEMORYSM program is a non-profit organization that brings personalized music into the lives of persons with memory impairment through digital music technology, vastly improving quality of life.

"Our goal in implementing the Music and Memory program is twofold. We want our participants to have access to evidenced-based therapy that activates memory and brain function, and we want to provide them with something that makes them smile," said Wellness and Community Integration Manager, Lara Estomin.



Currently, JEVS at Home is serving over 30 clients diagnosed with Alzheimer's and dementia. This program allows JEVS at Home to create and provide personalized playlists using iPods to enable clients to reconnect with the world through music-triggered memories.

"Music therapy has a way of soothing the soul in a very therapeutic way. It's heartwarming to see the joy that it brings to our clients," said Staff Nurse, Kim McIlhenny.

In some cases, Alzheimer's patients can become irritated, agitated, or non-verbal. Studies have shown that there are areas of the brain that are triggered by music. This program will help them focus on music they are familiar with to relax, tap their feet, and become happy.

For more information on how to get involved in this program, please contact JEVS at Home's Navigator, Angel Rosa de Jesus at 267-298-1668.

Do you have a gently used iPod that you no longer need? Help us spread the music and find your iPod a good home by donating it to JEVS at Home. You can send them to Angel Rosa de Jesus 9350 Ashton Rd #102, Philadelphia, PA 19114.

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Contact Us Anytime

Phone: 267-298-1325
Toll-Free: 866-964-4617

After Hours: 215-528-9669
Email: info@jevsathome.org

Caregiver Spotlight: Nanette O’Neal



Nanette considers herself to be very fortunate and lucky. After her mother had a stroke and her step-father fell ill, she took on the role as their Caregiver.

In May 2017, Nanette’s apartment caught on fire and burned down. She lost almost everything and was unable to work for a few weeks due to injury. To help her get back on her feet, the staff at JEVS at Home raised and donated enough money to help get her life back.

“I have always been the one that my family has relied on, the one that people always came to for help,” she said. “I was kind of forcefully placed into the caregiving role, but I am not going to lie. I love caregiving.”

“I will never forget what they did for me. It meant the world to me that they cared this much. I will always be grateful for their generosity,” Nanette said.

Nanette is outgoing, friendly, and has developed great relationships with the staff at JEVS at Home.

For more information about becoming a JEVS at Home Caregiver in Philadelphia, contact us at 267-298-1325.

“Nannette is an extraordinary Caregiver. Her resilience and selflessness, through the obstacles that life has thrown at her, is truly admirable,” said Care Coordinator, Christina Gonzalez.

For more information about becoming a JEVS at Home Caregiver in Allegheny County, contact Christina Gorsuch at 412-742-4033.

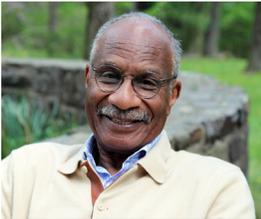


Happy National Hispanic Heritage Month

September 15th marks the start of **National Hispanic Heritage Month**. This month celebrates the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America.

Hispanics have had a profound and positive influence on our country through their commitment to family, faith, hard work, and service. For that and more, we say thank you and wish all of you a happy National Hispanic Heritage Month!

Another Day at Independence Live by Mr. Burwell



This month, I went back and attended a few events at the Independence Live multipurpose community facility in Philadelphia.

Bridge the Digital Divide discussed the benefits of Telehealth services like video visits with doctors, smart phone apps, digital health records, and other technology.

I explored four key areas: Healthy Living, Bridge the Digital Divide, Financial Health, and End of Life Care.

Financial Health spoke about how important it is to make the right choices and decisions to achieve a good financial outcome.

Healthy Living had activities addressing areas like nutritional directives, fitness performances, stress management, family health concerns, and healthy cooking.

Lastly, End of Life Care talked about the concerns for discussions about a person’s right to self-determination, medical interventions, and ethics.

To get involved, Visit ibx.com/events to learn which classes are available and best for you.

Nurse Kim Health & Wellness September is Prostate Cancer Awareness Month



Did you know that prostate cancer is the most common non-skin cancer among American men?

Most men with prostate cancer are older than 65 years and do not die from the disease. It's important to know the signs and symptoms of this disease so that treatment can begin right away.

Signs and Symptoms of Prostate Cancer:

- Difficulty starting urination
- Weak or interrupted flow of urine
- Frequent urination, especially at night
- Difficulty emptying the bladder completely
- Pain or burning during urination
- Blood in the urine or semen
- Pain in the back, hips, or pelvis that doesn't go away

How to Prevent Prostate Cancer:

To prevent any form of cancer, doctors strongly urge people to follow a healthy diet and exercise regimen. Higher risks of prostate cancer occur in older males or if there are immediate family members with prostate cancer. Talk to your doctor and ask about getting screened for prostate cancer around the age of 40 and continue to be screened every year or two.

CPR Training



CPR training is now available. Feel free to sign up on one of the following dates (please note that class sizes are limited):

August 15th

&

September 12th

10:00 a.m. - 2:00 p.m.

9350 Ashton Road, Philadelphia

To RSVP, call **(267) 298-1681**.

Introducing Christina Gorsuch



We are pleased to announce that Christina (Chrissy) has joined JEVS at Home as the **Home and Community Coordinator** in our Pittsburgh office.

She will be joining the community of Allegheny County to deliver our home care services to those in need.

For services in Allegheny County, Please call Christina at **412-742-4033**.

Upcoming Events

SEPTEMBER 2017

Informational & Referral Council Workshop

When: September 12, 2017

Where: West Philadelphia
Senior Community Center
1016 N 41st St
Philadelphia, PA 19104

Time: 12:30 p.m. to 2:30 p.m.

Brazilian Day Philadelphia

When: September 17, 2017

Where: Penn's Landing
Great Plaza
101 S. Christopher
Columbus Blvd
Philadelphia, PA 19106

Time: 1:00 p.m. to 7:00 p.m.

WE'RE HIRING IN PITTSBURGH

We are looking for experienced Caregivers located in Allegheny County.

Our benefits include:

- Competitive wages
- Medical, Dental, Life benefits
- Paid travel time between clients
- Paid Time Off (PTO)
- Flexible schedules
- Personal protective equipment

To apply and find out more, call **412-742-4033** today.

Follow us on Social Media



Facebook.com/JEVSatHome



Twitter.com/JEVSatHome



Instagram: jevsathome



Linkedin.com/company/jevs-at-home

For more information about our services,
please call 267-298-1325 or
www.jevsathome.org

JEVS at Home Complaint Hotline:
855-883-2424



9350 Ashton Rd., Suite 102
Philadelphia, PA 19114

19020-3973

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LISTMASTERS

STAKEHOLDER ADVISORY MEETING

Our next meeting will be held at 9350 Ashton Rd. in Philadelphia
on **Tuesday, September 19, 2017 at 2:00 p.m.**
Please RSVP to Gregg Kelinson at 267-298-1659
or Gregg.Kelinson@jevsathome.org.
Refreshments will be provided.

JEVS at Home Word Finder

AUGUST
CARE AT HOME
CAREGIVER
HEMOCARE
JEVS AT HOME
MEMORY
MUSIC
SEPTEMBER
SUMMER
SUPPORT

W R
T H
M W X X K C
C I G A S Y
S W C I S U M H U Q
Z X O X R V G X O F H
T B E Z R U V D N X
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F S Z E U Y S E P T E M B E R M Y S X S
X I F S H B F J E V S A T H O M E T F C
X H W R I Y V O M X D O
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R C A R E A T H O M E
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C K S M C E
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JEVS at Home does not discriminate on account of a person's age, race, color, religion, creed, sexual orientation, marital status, national origin, ancestry, citizenship, military status, veteran status, HIV status, handicap, disability, gender, gender identity or expression, or membership in any other protected group.